

Participant's report NEWT 2018, a week of naturist Alpine hiking - impressions of a visitor

This was my third visit to NEWT, so I knew many of the regular attendees, and I knew what the procedures were in the mountain hut that we shared and hiking out on the mountains.

Alpine hiking, clothed or naked, is very strenuous because of the ascent and descent in mountainous terrain. The ground is generally uneven and the hikers get tired. Most hiking accidents occur when hiking downhill. Being careful is essential.



Being careful is essential. Non hikers do not appreciate how difficult coming downhill can be. When hiking naked more accidents occur compared to possible injury.

NEWT 2018 was just as difficult as NEWT 2017. A difficult first day was followed by an even more difficult second day! This second day was particularly memorable. We hiked up to about 2285 metres altitude, near to a pass over to the other side of the mountain. We met textile hikers coming towards us from a mountain hut just on the other side of the pass.



The mid week hike to the waterfall was very popular. It was an opportunity to rest, take photos, and splash in the water in a scenic area on a very hot day. It was popular also with textile hikers.

We passed near the waterfall another day and spent a few hours on a section of the Salzburger Almenweg. This is a 350 km route that goes from alm to alm in the region, but it does not go as high as we did on the second day. It is a scenic panorama-type route that I thought was very suitable for NEWT hikers.

The accommodation, shopping, and self catering in the hut worked very well under the efficient management of Pascal and Clarisse. "Many hands make for light work" – so it is important for everyone to do their share of work. This year we were aided by an explicit kitchen rota. Good cooks, not everyone, did the coo-

king. The less skilled NEWTs did the tidying and washing up.

Our hut was at about 1450 metres altitude, near nothing but the mountains."



Report and photos: John, Ireland









